



13 May 2019

Ren's Ramblings

Our speakers last night couldn't have been more diverse:

Keith Kirton, a former member of our club, now an E-Rotarian **spoke about Diabetes** and what it means living with Type A diabetes, how the family life revolves around monitoring the patient around the clock, ensuring her well-being 24/7. But also, the courage of their young daughter in not allowing her disease to get her down, achieving top marks in the academic as well as the sports field. We salute you!

Don Priest then spoke about his **career in the timber industry** and has to answer many questions about this wonderful material which is present in all our homes. We learned so much, i.e. did you know that Rhodesian Teak takes Silica Sand up through the Sap? No wonder it's so hard and a challenge to all saws.

It was a proud moment for **Joan van Zyl**, when she was **presented with a Paul Harris Fellowship with 2 sapphires**, recognizing her contributions to the Rotary Foundation. **Thank you, Joan!**

The **Barndance** last Saturday was great fun, we attracted quite a few young families and it was heart warming to see the Adults and children taking part in the Reels and line dances and having a good time – we didn't make a profit, but the club decided to donate the takings to Hospice, which is in dire need of funds.

Last but not least, please offer 2 hours of your time to do **gate duty at the Uplands Festival**. This is **one of our major Fundraising events** and we really need all hands on deck to ensure smooth entrance to the Festival.

Have a great week,

Ren

President Renate Bowers



Meeting: 13 May

- Guests: Lindsey Southern and Keith Kirton.
- Erik reported that the Barndance was a good evening, with 43 in attendance. It was thoroughly enjoyed by all.
- Our guest speakers this evening gave interesting talks and answered many questions!
- Patrick Robson was the Sergeant and fined all who weren't at the Barndance on Saturday.

Guest Speaker: Keith Kirton

- Keith gave us frightening statistics on Diabetes – 5.4% of Sought Africans have Diabetes, but many don't know they have it.
- He also explained the differences between Type 1 and Type 2 Diabetes.

Guest Speaker: Don Priest

- Don spoke about his UK experience with 19 years in Timber research, prior to coming to South Africa.
- He gave an insight into the different species of wood and it's uses, as well as the fact that wood is often a superior material in buildings than metal which will melt more easily.

Charlie the Happy Rands Pig

Money collected goes towards
Rotary's *End Polio* campaign

- Joan is happy to have received a Paul Harris Sapphire Pin.
- Kath is happy Jimmy is in Bangkok.
- Keith is happy his daughter received a scholarship at Penryn.
- Mike is happy that Charlie is about to be slaughtered (sniff sniff – not too sure Charlie feels the same way ☹)
- Leon is happy his diabetes is managed with medication.
- Janet is happy her daughter is doing well.



Next meeting 13th May:

Organiser: Leon

Grace & Fellowship: Brian

Sergeant: Joan

Information: Ian

RI Official Exchange Rate:

May: \$1.00 = R14.25

Forthcoming Attractions

Saturday 18 th May	Cycle Race – waterpoint @ Casterbridge
Sunday 19 th May	Youth Exchange Orientation at Uplands
Fri 24 th – Sun 26 th May	Uplands Festival gate duties
Saturday 29 th June	RCWR President's Induction Dinner
Friday 12 th July	Careers Day at Fundinjobo
Sunday 14 th July	Amazing Race
Monday 7 th October	DG's visit

Birthdays & Anniversaries

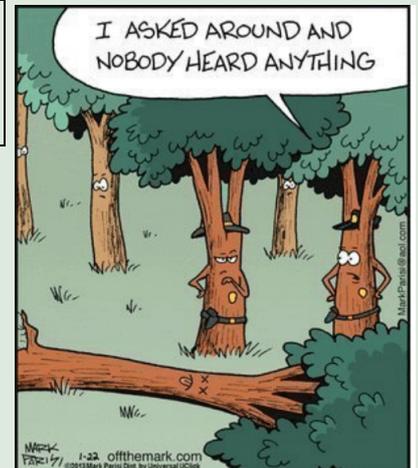
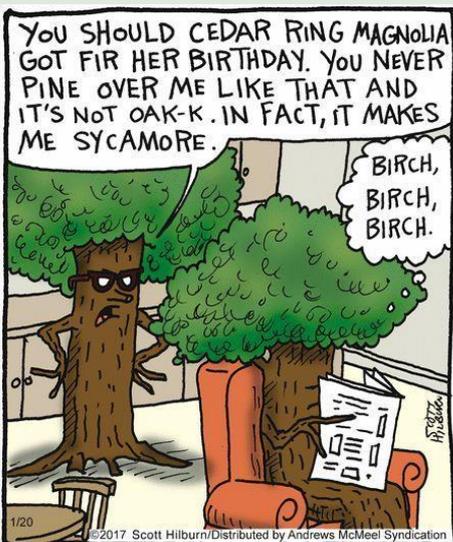
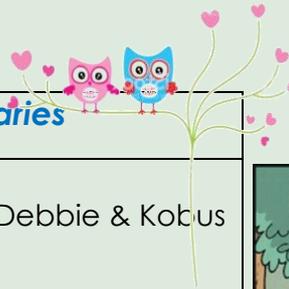


Birthdays

19 May – Marie Lewis
 21 May – Janet Baumgart
 23 May – Nic van Zyl
 26 May – Michael Cleary

Anniversaries

31 May – Debbie & Kobus



Knot to worry the copse are on the case to root out some subspecies suspects. Currently, they're stumped, but keep axing around, I wood wager a tree-mendous sum someone saw something shady.

See what our Club gets up to!



Rotary White River

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@rotarywhiteriver